

Child's name \_\_\_\_\_

Date \_\_\_\_\_

## Managing children's separation anxiety plan

For with a child presenting with separation anxiety, I will:	To build positive relationships with parents and carers, I will:	The outcomes of my plan:
<i>Example: develop a clear morning routine with the child and their family so that the child feels safe and can predict when family members will leave and return.</i>	<i>Example: send a regular email telling parents what their child has been doing at school.</i>	<i>Example: child feels much more comfortable saying goodbye to parent or carer in the morning.</i>