

THE SAME, BUT DIFFERENT

LESSON PLAN FOR AGES 9-11

INTRO

Introduce the topic of today's lesson, which will be diversity and celebrating differences.

Ask the children: what is diversity? If you held the Mentally Healthy Schools World Mental Health Day assembly, you could use this as a prompt. Children could discuss this in pairs and try to formulate a definition. Take responses from the children, creating a mind map of key words they mention on the board.

One example you should try to draw out is that diversity means understanding that each individual is unique, and recognising our individual differences. These differences might be our culture, religion, how we look, our hobbies, etc.

Tell the children we are going to watch a video from Childline about young people discussing their different cultures. Watch the video up to 3 minutes 12 seconds.

Show the children the I love diversity poster by Elise Gravel. Read through the suggestions that she has written. Can you think of any more ideas? Add to the mind map for prompts.

Have a brief discussion about the video. Ask the children: what do you understand by the term culture? What differences might you see in people from different backgrounds and cultures? What did they mention in the video? Food, clothes, language etc. Add notes to the mind map.

This point may be an opportunity for children to share their own experiences if they want to. However, this should be instigated by the children.

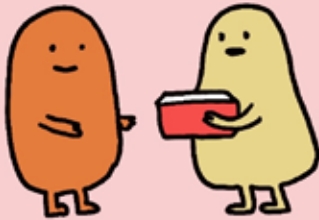
In the video, they say that embracing other cultures gives you an open mind, and it helps you to learn and judge people less. In our class/school/community we are all different. Ask the children: Why do you think it is important to have a diverse community? Allow time for discussion and add additional thoughts and key words to the mind map.

I LOVE DIVERSITY

BECAUSE IT ALLOWS ME TO:

LEARN COOL THINGS

THIS IS A GAME FROM MY COUNTRY.



DISCOVER AMAZING NEW FOODS...



...AND MUSIC, BOOKS, MOVIES, DANCES, ART AND MORE



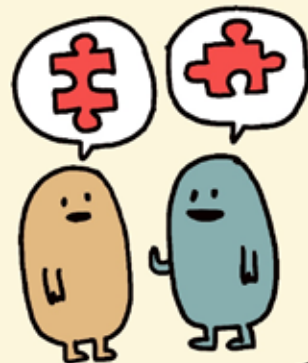
MEET NEW FRIENDS



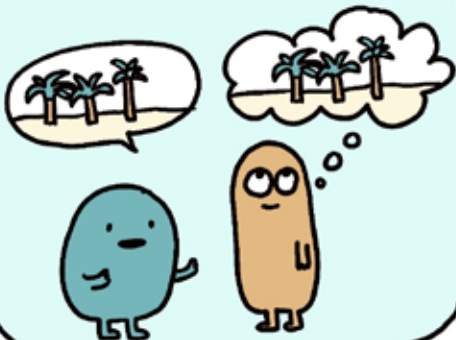
OPEN UP MY MIND TO NEW IDEAS



EXPAND MY KNOWLEDGE



TRAVEL WITHOUT LEAVING HOME



AND FIGURE OUT NEW WAYS TO EXPRESS MYSELF.



DIVERSITY IS A LOT MORE FUN!

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